

ANNEXURE- A

ESSENTIAL DRUG LIST-AYURVEDA

Abbreviations: OPD- Out Patient Department; IPD- In Patient Department; AFI- Ayurvedic Formulary of India; API- Ayurvedic Pharmacopoeia of India; AH- Ashtang Jridya; ANM- Ayurveda Nibandha Mala; BP- Bhavaprakash; BR- Bhaishajya Ratnavali; BBR- Bharat Bhaishajya RAtnakara; CA (U)- Chikitsarnava Uttardhar; CD- Chakradatta; CS- Charaka Samhita; GM- Gram; ML- Mililiter; NS- Nothing Specific; RSTSSPS- Rasatantrasara Va Siddhaprayoga Samgraha; RTS- Rasa Tantra Sara; SBMM- Siddhabhaishajmanimala; SS- Sharangdhara Samhita; SY- Sahasrayoga; TSF- Teaspoonful; YR- Yogaratakara; RYS- Rasa Yoga Sagar

(A) Asava Arista

SR. No	Name of Medicine	Reference text	Dispensing pack size	Main indications	Dose and Mode of administration	Precaution/Contraindication	Preferred use (OPD/IPD)
1	Abhayarishta	AFI	200ml	Arsha, Agnimandya, Udararoga, Vibandha	12to 24 ml after meals with water, twice daily	NS	both
2	Amritarishta	AFI	200 ml	Sarvajwara, Jeerna Jwara	12to 24 ml after meals with water, twice daily	NS	both
3	Aravidnasava	AFI	200 ml	Balaroga, Balakshaya, Agnimandya, Aruchi	12to 24 ml after meals with water, twice daily	NS	both
4	Arjunarishta/(Part hadyarishta)	AFI	200 ml	Hridroga, Hriddrav, Hrid-daurbalya, Moha, Murchha	12to 24 ml after meals with water, twice daily	NS	both
5	Ashokarishta	AFI	200 ml	Asrigdara, Shveta, Pradara, Yoniroga	12to 24 ml after meals with water, twice daily	NS	both
6	Ashvagandharishta	AFI	200 ml	Murccha, Apasmara, Shosha, Unmada, Karshva	12to 24 ml after meals with water, twice daily	NS	both
7	Chandanasava	AFI	200 ml	Shukrameha, Mutrakriccha, Hridroga	12to 24 ml after meals with water, twice daily	NS	both
8	Dashmularishta	AFI	200 ml	Vata Vyadhi, Daurbalya, Prasavottar roga	12to 24 ml after meals with water, twice daily	NS	both
9	Drakshasava	AFI	200 ml	Aruchi, Hridroga, Pandu Duarbalya, Kshava	12to 24 ml after meals with water, twice daily	NS	both
10	Kanakasava	AFI	200ml	Kasa,Shwasa ,Rajaykshma ,Kshatsina	12to 24 ml after meals with water, twice daily	NS	both
11	Kumaryasava	AFI	200ml	Rajodushti, krichhartav, Paktishula, Parinama-shula	12to 24 ml after meals with water, twice daily	NS	both
12	Kutajarishta	AFI	200ml	Grahaniroga, Pravahika, Raktatisara Agnimandya	12to 24 ml after meals with water, twice daily	NS	both
13	Khadirarishta	AFI	200ml	Twak,Roga,Kushta,Krimi,Arbuda	12to 24 ml after meals with water, twice daily	NS	both
14	Lodhrasava(Rodhrasava)	AFI	200ml	Prameha,Prada,Arsha ,Garabhasayaroga,	12to 24 ml after meals with water, twice daily	NS	both
15	Lohasava	AFI	200ml	Pandu,Kamala Shotha,Hriroga,Daurb alva	12to 24 ml after meals with water, twice daily	NS	both
16	Rohitakarishtha	AFI	200ml	Pliha, Udararoga,Gulma, Kamala	12to 24 ml after meals with water, twice daily	NS	both
17	Sarasvatarishta	AFI	200ml	Apasmara,Manasados ha,Sm ritibhransh	12to 24 ml after meals with water, twice daily	NS	both
18	Usheerasava	AFI	200ml	Pittajroga,Daha,Trisha,PittajNetravyaadhi	12to 24 ml after meals with water, twice daily	NS	both
19	Vasakasava	AFI	200ml	Kasa,Shwasa ,Raktapitta	12to 24 ml after meals with water, twice daily	NS	both
20	Punarnavasava	AFI	200ml	Shotha,Pliha-Yakridoga, Mutraroga	12to 24 ml after meals with water, twice daily	NS	both
(B) ARK KALPANA							
21	Arka Pudina	AFI	50ml	Chhardi,Ajirna,Udara shula, Agnimandya	10-25ml,two to three times a day	NS	both

(C) AVALEHA, KHAND, PAK, KALPANA							
22	Brahama Rasayana	AFI	100gm	Manodaurbalya,Jara,S miritibhansha	10 to 15 gm with warm water or milk	NS	both
23	Chiraka Haritaki	AFI	100gm	Pinasa,Kasa, Shwasa	10 to 50gm in divided does,with warm water or milk	NS	both
24	Puga Khand/Suypari Paka	AFI	100gm	Vandhyaroga, Pradra, Somroga, Garbhadosa, Daurbalva	6 to 12gm with warm water or milk, twice daily	NS	both
25	Saubhagyashunthi Paka	AFI	100 gm	Prasavottar Lakshan,Suitk-aroga, Agnimandya,	10 to 50gm in divided does,with luke water,warm water or godugdha, can be taken in single dose at bed time.	NS	both
26	Vasavaleha	AFI	100gm	Kasa, Shwasa, Jwara, Prashwashula	6 to 12gmo to be licked with warm water or milk, twice or thrice a day.	NS	both
(D) KWATH CHURNA/KASHAYAM)							
27	Brihat Manjisthadi Kwatha Churna	AFI	1 kg	Vatarakta, Upadansha, Shleepada, Medoroga	25 to 50 ml of Kwath, once or twice a day.	NS	both
28	Dashmula Kwath Churna	AFI	1 kg	Jwara, Sutikadosha, Shula, Shotha, Vatavvadhi	25 to 50 ml of Kwath, once or twice a day	Rasakshaya, Bahumutrata	both
29	Dhanyapanchaka Kashayam Churna	AFI	1 kg	Aamashula, Amatisara, Agnimandya, Aruchi	25 to 50 ml of Kwath, once or twice a day	NS	both
30	Gojihavadi Kashaya Churna	AFI	1 kg	Pratishyaya,Shleshma jwara, Kasa, Shwasa	25 to 50 ml of Kwath, once or twice a day,with Madhu or Mishri.	NS	both
31	Gudchyadi Kashava Churna	AFI	1 kg	Agnimandhya, Pitta Dushti, Jwara	25 to 50 ml of Kwath, once or twice a day	NS	both
32	Maha Atmaguptadi Kashava Churna	BR	1 kg	Pakshaghata	25 to 50 ml of Kwath, once or twice a day	NS	both
33	Pancha- valkala Kashaya Churna	SS	1 kg	Vranashotha, Upadansha, Shvet Prada	100 ml. kwat to be used for washing wound or vaginal douche	NS	both
34	Pathyadi Kwath (Shadanga) Churna	AFI	1 kg	Siroroga, Bhru- shankh-Karna Shula, Ardhahbhedak,Surya varta	25 to 50 ml of Kwath, once or twice a day with jaggery	Chhardi,Atisara avum Ativirech an janya Rasakshaya, Vataprakopa	both
35	Punarnavadi Kwaath churna	AFI	1 kg	Sarvangashotha	25 to 50 ml of Kwath, once or twice a day	Chhardi,Atisara avum Ativirech an janya Rasakshaya, Vataprakopa	both
36	Pashanbhedadi Kjwath Churna	BR	1 kg	Ashmari	25 to 50 ml of Kwath, once or twice a day	NS	both
37	Rasnapancakam Kashayam Churna	SS	1 kg	Amavata	25 to 50 ml of Kwath, once or twice a day with Jaggery	NS	both
38	Rasnasaptaka Kashaya Churna	AFI	1 kg	Janghashula, Urushula, Parshvashula, Triksula, Prishtshula	25 to 50 ml of Kwath, once or twice a day with Shunti Churna	Concomitant use of Eranda Taila in Garbhini	both
39	Shadanga Kwath Churna	AFI	1 kg	Trishna Jwara	25 to 50 ml of Kwath, twice or thrice a day	Nausea due to bitterness	both
40	Varunadi Kwath Churna	AFI	1 kg	Ashmari, Mutrasthila	25 to 50 ml of Kwath, once or twice a day with Yavakshar	NS	both
41	Patoladi Kvatha Churna	AFI	1 kg	Jwara, Kamla, Kushta, Visha	25 to 50 ml of Kwath, once or twice a day with Pippali Churna and Honey	NS	both
(E) GUGULU							
42	Amritadi Guggulu	BR	1 kg	Vata Rakta, Dushtavrana, Charma Vikara	500 mg.-1 gm, twice a day, after meals, with warm water	Long term use in pregnancy	both
43	Gokshuradi Guggulu	AFI	1 kg	Prameha, Mutrakricchra, Mutraghar, Ashmari, Pradara	500 mg.-1 gm, twice a day, after meals, with warm water or preferably with Musta Kwath, Pasanbheda Kwath or Ushira Kwath	Long term use in pregnancy	both

44	Kanchanara Guggulu	AFI	1 kg	Galaganda, Gandamala, Apachi, Arbuda, Granthi	500 mg.-1 gm, twice a day to be taken preferably in empty stomach, with warm water or kwath of Haritaki /Khadirsara	Long term use in pregnancy	both
45	Kaishora Guggulu	AFI	1 kg	Vatashonit, Pramehapidika, Vrana, Kustha	Up to 3 gm in divided doses with warm water or Mudaga Yusha or Milk	Long term use in pregnancy	both
46	Lakshadi Guggulu	AFI	1 kg	Asthibhagna, Asthichyuti, Asthiruja	Up to 3 gm in divided doses with warm water	Long term use in pregnancy	both
47	Rasna Guggulu	SS	1 kg	Gridhrasi, Amavata	500 mg.-1 gm, twice a day, after meals, with warm water	Long term use in pregnancy	both
48	Simhanada Guggulu	AFI	1 kg	Amavata, Vatarakta, Sandhi Shula, Agnimandya	Up to 3 gm in divided doses with warm water	Pregnancy	both
49	Saptavinshati Guggulu	AFI	1 kg	Parshwashoola, Kasa Shwasa, Hritshula	Up to 3 gm in divided doses with warm water	Pregnancy	both
50	Triphala Guggulu	AFI	1 kg	Bhagandara, Arsha, Nadi Vrana, Gulma, Shotha	Up to 3 gm in divided doses with warm water	Pregnancy chronic or recurrent diarrhoea	both
51	Trayodashanga Guggulu	AFI	1 kg	Gridhrasi, Sandhigraha, Katigraha	Up to 3 gm in divided doses with warm water	Pregnancy	both
52	Punarnava Guggulu	AFI	1 kg	Vatarakta, Vridhhiroga, Gridhrasi, Vastigatashula, Amavata	Up to 3 gm in divided doses with warm water	Pregnancy	both
53	Yogaraja Guggulu	AFI	1 kg	Amavata, Agnimandya, Sandhigatavata	Up to 3 gm in divided doses with warm water or Rasnasaptaka Kwatha or Lashuna Svarasa or Honey	Pregnancy	both
(F) GHRITA							
54	Panchatikta Ghrita	AFI	1 kg	Dushtavrana, Twak Vikara	5-10 gm. With warm milk or water, once a day	NS	both
55	Triphala Ghrita	AFI	1 kg	Kamla, Timir, Netraroga, Visarpa, Khalitya	10-15 gm with warm water or milk in one or two doses, preferably empty stomach	NS	both
(G) Churna-Multi-ingredient							
56	Ajamodadi Churna	AFI	50 gm/100 gm	Shula, Gridhrasi, Aamvat	3-6 gm. Twice a day with luke warm water or jaggerty with or before meals	NS	both
57	Avipattikara Churna	AFI	50 gm/100 gm	Amlapitta, Vidagdhajirna	3-6 gm. Twice a day with honey or water after meals	NS	both
58	Balachaturbhadra Churna	AFI	50 gm/100 gm	Jwara, Atisara, Bala Shosha	250-500 mg. twice or thrice a day with honey or luke warm water	NS	both
59	Dadimastak Churna	AFI	50 gm/100 gm	Grahaniroga, Atisara, Aruchi	3-6 gm. Twice a day with warm water before meals	NS	both
60	Dashanasanskar Churna	AFI	50 gm/100 gm	Mukha Roga, Danta Roga	Use as tooth powder and retain in the mouth for sometime before spitting out, twice a day	NS	both
61	Gangadhara Churna	SS	50 gm/100 gm	Atisara, Pravahika	3-5 gm. Twice a day with warm water or Takra	Indigestion induced diarrhoea i.e. Amavastha of Atisara	both
62	Hingwashtaka Churna	AFI	50 gm/100 gm	Agnimandhya, Shula, Gulma, Vataroga	2-4 gm. Twice a day with warm water or ghee before meals	NS	both
63	Lavanabhaskara Churna/Bhaskarlanvan Churna	AFI	50 gm/100 gm	Agnimandya, Gulma, Ajirna, Grahaniroga, Vatakaphajroga	3-6 gm. Twice a day with Takra, Mastu or warm water	Shotha, Jalodara, hypertension, long term use	both
64	Nisha-Amalaki Churna	AH	50 gm/100 gm	Prameha, Madhumeha	3-6 gm. Twice a day with water before meals	NS	both

65	Pushyanuga Churna	AFI	50 gm/100 gm	Raktapradara, Shwetapradar, Raktarsha	2-3 gm. Twice a day with Madhu or Tandulodaka or water	NS	both
66	Panchanimba Churna	AFI	50 gm/100 gm	Kshudrakushtha, Mahakushtha, Raktadushti	3-5 gm. Twice a day with Madhu, Khadira and Asana Kwatha or warm water	NS	both
67	Shivakashara Pachana Churna	AFI	50 gm/100 gm	Ajirna, Adhmana, Vibandha	3-5 gm. Twice a day with luke warm water after meals	Long term use oedema, reduced urinary output	both
68	Sitopaladi Churna	AFI	50 gm/100 gm	Shwasa, Kasa, Kshaya, Urdhvag Raktapitta	2-3 gm. Twice or thrice a day with honey or ghrita or warm water	NS	both
69	Sudarhsna Churna	AFI	50 gm/100 gm	Jwara, Visamajwar, Jirnajwara, Yakritplihavridhi	2-3 gm. Twice or thrice a day with honey or ghrita or warm water	NS	both
70	Talishadya Churna	AFI	50 gm/100 gm	Kasa, Shawasa, Pratisyaya, Jwara	2-4 gm. Twice or thrice a day with honey or warm water	NS	both
71	Trikatu Churna	AFI	50 gm/100 gm	Arochaka, Ama, Agnimandya	1-2 gm. Twice a day with honey or warm water or lime water before meals	Paittik Vikara or Prakriti, Raktaj Roga, Pregnancy, long term use	both
72	Triphala Churna	AFI	50 gm/100 gm	Anaha, Prameha, Netraroga	3-6 gm. With Ghee, Honey or warm water or milk, for laxative action to be taken at bed time	Dehydration	both
(H) Churna- Single Ingredient							
73	Amalaki Churna	API	50 gm/100 gm	Prameha, Raktapitta, Amlapitta, Daha	3-6 gm. Twice a day with water before meals or empty stomach	NS	both
74	Arjuna Churna	API	50 gm/100 gm	Hridroga, Prameha	3-6 gm. Boiled in milk & water and consumed twice a day	NS	both
75	Ashwagnadha Churan	API	50 gm/100 gm	Kshaya, Daurbalya, Vatroga, Klaiivya	3-6 gm. Twice a day with milk	Long term use may increase blood pressure	both
76	Gokshura Churna	API	50 gm/100 gm	Mutraghata, Mutrashmari, Vrishya, Rasayana	2-5 gm. Twice a day with milk for Vrishya or Hridya action and up to 12 gm. Per day with warm water for diuretic action	NS	both
77	Guduchi Churna	API	50 gm/100 gm	Kushtha, Jwara, Vatarakta, Kamala, Pandu, Prameha	3-6 gm. Twice a day with honey or water	NS	both
78	Haritaki Churna	API	50 gm/100 gm	Vibandha, Udararoga	3-6 gm. Twice a day with honey or water, for laxative action to be taken at bed time	Debility, pregnancy, dehydration, Paittik roga	both
79	Pippali Churna	API	50 gm/100 gm	Rasayana, Jwara, Shwasa, Kasa	1-2 gm. Twice a day with honey or milk	Long term use in higher doses	both
80	Pippali mool Churna	API	50 gm/100 gm	Udararoga, Anaha, Gulma, Shiroroga	500 mg. 1- gm per day with honey, milk or water	NS	both
81	Punarnava Churna	API	50 gm/100 gm	Shotha, Pandu	2-3 gm. Twice a day with water	NS	both
82	Shunthi Churna	API	50 gm/100 gm	Amavata, Agnimandya, Udararoga, Shwasa	2-3 gm. Twice a day with kanji or luke warm water or honey	NS	both
83	Sarasvat Churna	BR	50 gm/100 gm	Medhya, Smriti and Buddhi Vardhak	1-2 gm. Twice a day with ghee or milk	NS	both
84	Vidanga Churna	API	50 gm/100 gm	Krimiroga, Medoroga	5-10 gm. With luke warm water once a day	May prevent or disruptconception	both
85	Yashtimadhu/Madhuyashti/Yashti Churna	API	50 gm/100 gm	Rasayana, Kasa, Shwasa, Vranaropana, Kshaya Swarbheda	Up to 12 gm. Per day in divided doses with milk or water	Obesity, hypertension, oedema, long term use	both

(I) Taila							
86	Anutaila	AFI	100 ml/200ml/500ml/1 liter	Urdhwajatrugataroga, Palitya	2-10 dropsfor nasal administration 2-3 times a day	NS	both
87	Apamargkshara Taila	AFI	100 ml/200ml/500ml/1 liter	Badhriya, Karnanada, Karnagooth	2-5 drops in each ear twice a day	NS	both
88	Bala Taila	AFI	5 liters	Kshat, Kshaya, Vatavyadhi, Shosha, Gulma	For local and whole body massage and 5-10 ml. with warm water or milk for oral use	NS	both
89	Balashwagandhadi Taila	AH	5 liters	Balaroga	For whole body massage	NS	both
90	Bhringaraja Tail	BR	100 ml/200ml/500ml/1 liter	Keshpata, Shiroroga, Khalitya, Indralupta	For extrenal application as Nasya, Shiroabhyanga, Kavalgraha	NS	both
91	Dhanwantar Taila/Dhanwantar Taila Avarti	AFI	5 liters	Vataroga, Pakshavadha, Dhatukshaya, Sutikaroga, Balaroga	10-30 drops with warm milk twice a day	Amadosh	both
92	Eranda Taila	CD	100 ml/200ml/500ml/1 liter	Vatavikara, Gridhrasi, Vibandha, Katishool	10-30 ml. once or twice a day with Dashamula kwatha or warm milk	Periconception period, long term use in pregnancy	both
93	Erimedadi Taila	AFI	100 ml/200ml/500ml/1 liter	Mukha Roga, Dantaroga	Used externally for kawalgraha, Pratisaran, Nasya, Shirodharan	NS	both
94	Jatyadi Taila	AFI	100 ml/200ml/500ml/1 liter	Vrana, Vranashoth	External application on wound or injury	NS	both
95	Ksheerbala Taila/Ksheerbala Taila Avarti (Shatapaki)	AFI	5 liters	Vatarakta, Vataroga, Sukradosha, Rajodosh, Karshya	Oral use: 10-12 ml. with milk or warm water. External Use: Abhyanga and Nasya	NS	both
96	Kasisadi Taila	AFI	100 ml/200ml/500ml/1 liter	Arsharoga	External use for Pratisaran on Arshankur	NS	both
97	Laghyvishagrabha Taila	AFI	100 ml/200ml/500ml/1 liter	Vataroga, Pakshaghat	External use for Abhyanga	NS	both
98	Marichyadi Taila	AFI	100 ml/200ml/500ml/1 liter	Kandu, Vicharchika	External application on affected body part	NS	both
99	Mahanarayan Taila	AFI	5 liters	Vataroga, Pakshaghat, Ardita, Vandhvatva	External use for abhyanga, Nasya, Anuvasana Vasti	NS	both
100	Brihanmasha Taila/Mahamash Tails	AFI	100 ml/200ml/500ml/1 liter	Ardita, Shirokampa, Vidradhi, Bahusosha, Avabahuk	External use for Abhyanga	NS	both
101	Moorivenna Tail	SY	5 liters	Abhigataja Vedana and Vata Vikara	External Use for Abhyanga	NS	both
102	Narayana Taila	AFI	100 ml/200ml/500ml/1 liter	Vataroga, Pangu, Shirogatavata, Manyastambha, Hanustambh	Oral use: 6 gm. With warm water or milk once or twice a day. External used: For Nasya, Abhyanga and Anuvasana Vasti	NS	both
103	Nirgundi Taila	BR	100 ml/200ml/500ml/1 liter	Nadivrana, Pama, Apachi, Gandamal, Galaganda	Used orally in the dose of 15-30 ml. once or twice a day, externally as Abhyanga and 2-6 drops for Nasya or Karnapooran.	NS	both
104	Panchaguna Taila	AFI	100 ml/200ml/500ml/1 liter	Sandhigatvata, Karnashool, Vranopchara	External use for Abhyanga, wound dressing and Karnapooran or Karnabindu	NS	both
105	Pinda Taila	AFI	100 ml/200ml/500ml/1 liter	Vataraltarika, Daha	Used externally for Abhyanga	NS	both
106	Prasarini Taila	AFI	100 ml/200ml/500ml/1 liter	Vataroga, Gridhrasi, Khanja, Panguvata	External use for Abhyanga over affected body part	Not to be used in Guda roga, Krisharogi, Ajirna, Vamit, Kritnasya, Virikta	IPD

107	Saindhavadi Taila	AFI	100 ml/200ml/500ml/1 liter	Kaphavataja Nadivrana	External use for abhyanga	NS	IPD
108	Shadabindu Taila	AFI	100 ml/200ml/500ml/1 liter	Drishtidaurbalya, Keshashta, Shiroroga	External use for Nasya, Kavalgraha, Abhyanga, Shiroabhyanga	NS	IPD
109	Somaraji Taila/Bakuchi taila	AFI	100 ml/200ml/500ml/1 liter	Shvitra, Kushtha	External use for local application on affected body part	Discontinue if excessive irritation, vesicitation, extensive hyperpigmentation appears	both
(J) Lavana & Kshar							
110	Apamarga Kshar	AFO	10gm/20gm/50gm	Gulma, Grahani, Shwasa, Sharkara, Ashmari	125-500 mg. twice a day with water	NS	both
111	Vajra Kshar	AFI	10gm/20gm/50gm	Ajima, shula, Gulma, Udararoga	1-2 gm with warm water, ghee, Gomutra or kanji	NS	IPD
112	Yavakshar	AFI	10gm/20gm/50gm	Adhamana, Anaha, Gulma, Muttrakricchra	500 mg. - 1 gm with warm water or ghrita twice a day	NS	both
113	Ksharsutra	CD	10gm/20gm/50gm	Bhagandar, Arsha, Gudcheer, Charmkeel	To be applied on affected part	NS	IPD
(K) Lepa for local application							
114	Dashanga Lepa	AFI	1 kg/2 kg	Visarpa, Sthanik Shotha, Kushitha	Mix the lepa churna with ghee ro butter and apply on affected part	NS	both
115	Gandhakadya Malahar	AFI	1 kg/2 kg	Pama, Jeeran Twak Roga	Apply a thin coat of the malhar on affected part twice a day	Hypersensitivity skin reaction due to Gandhak	both
116	Kottamchukkadi Lepa Churna	SY	1 kg/2 kg	Sandhi Shula	Apply locally on affected part once or twice a day	NS	both
117	Rasnadi Lepa Churna	SY	1 kg/2 kg	Shirah Shula	Apply on forehead/scalp once or twice a day	NS	both
118	Sarjarasa Malahara	RTSSPS	1 kg/2 kg	Dushta Vrana, Arsha, Gudapaka, Vidarika	Apply locally on affected part once or twice a day	NS	both
(L) Vati & Gutika							
119	Bilvadi Gutika	AFI	1/2 kg or 1 kg	Vishuchika, Ajeerna, Garadosha, Jwara	1-2 pills twice a day with water, also applied as anjana, Nasya and Lepa by rubbing in Gulab jal or distilled water	NS	both
120	Chandraprabha vati	AFI	1/2 kg or 1 kg	Prameha, Mutrakricchra, Mutraghata, Ashmari, Striroga, daurbalya, Pandu, Kamala	250 mg. twice a day with water or milk	NS	both
121	Chitrakadi Gutika	AFI	1/2 kg or 1 kg	Agnimandya, Amadosha, Grahanioga	250-500 mg. twice a day with warm water or takra	Pregnancy, Uterine bleeding, Paittik prakriti, Raktpittaj Roga, long term use.	both
122	Dhanvantar Gutika	AFI	1/2 kg or 1 kg	Kasa, Shwasa, Hridroga, Yakshma, Hikka	250-500mg twice a day with decoction of jiraka or warm water	NS	both
123	Eladi Gutika	AFI	250gm/500gm/1kg	Kasa, Shwasa, Chhardi, Bhrama, Swarabheda, Raktanishthivana.	500mg - 1gm twice or thrice a day with honey or warm water	NS	both
124	Gandhak vati	AFI	250gm/500gm/1kg	Agnimandya, Ajeerna	500mg - 1mg twice a day with lemon juice or warm water	NS	both
125	Kankayan Gutika	AFI	250gm/500gm/1kg	Gulma, Kimi, Arsha	500mg-1gm. Twice a day with ghee, milk, or Triphala Kwath or water	NS	Both

126	Khadiradi Gutika (Mukhroga)	AFI	250gm/500gm/1kg	Mukdhaurgandhya, Mukhpaka, Dantaroga, Galaroga	2 pills to be sucked or swallowed with water or honey twice or thrice a day	NS	both
127	Kutajanghan Vati	AFI	250gm/500gm/1kg	Atisara, Grahani, jwaratisara	250-500mg twice a day with takra or water	NS	Both
128	Lavangadi Vati	AFI	250gm/500gm/1kg	Kasa, Shwasa	1-2 l to be kept in mouth or chewed and salowed with luke warm water twice or thrice a day	NS	both
129	Lahsunadi vati	AFI	250gm/500gm/1kg	Visuchika, Ajirna, Atisara	500mg-1gm twice a day with warm water or Ark Ajwain or Ark Pudina	Hyperacidity, Peptic Ulcer, Paittik Prakriti Patients having history of Raktapittaj Vikara	Both
130	Prabhakar Vati	AFI	250gm/500gm/1kg	Hridroga, Daurbalya	125-250mg. Twice a day with water, Arjuna Kwath or milk	NS	Both
131	Rajahpravartini Vati	AFI	250gm/500gm/1kg	Rajahrodha, Kastartava	250mg. Twice a day after with warm water or Kulattha Kasaya	Pregnancy, location period Dysfunctional Uterine Bleeding, Menometrorrhagia, kidney diseases, discontinue the use in case of severe spasmodic abdominal pain	both
132	Samshamani Vati/Guduchighan Vati	AFI	250gm/500gm/1kg	Jwara, Jeernajwara, Vishmajwara, Daha	250-500 mg. twice or thrice a day with Dhanyapanchak Kwath Tandulodak or water	NS	both
133	Sarpagandhagan Vati	AFI	250 gm/ 500 gm/ 1 kg	Anidra, Manodvega, Hypertension	250-500 mg. once or twice a day with milk or water	Concomitant use of medicines made of Vatsanabhaor Gokshur, antihypertensives or depressants or psychotropic medicines postural hypotension, bradycardia	both
134	Sanjivani Vati	AFI	250 gm/ 500 gm/ 1 kg	Mandagni, Ajirna, Gulma, Visuchika, Sarpadamsha	125 mg. twice a day with Adrak Swaras or warm water	Paittik Prakriti individuals, hypersensitivity to Bhallataka, Patients having history of Raktapittaj Vikara, Pregnancy, cardiac arrhythmia, long term use	both
135	Vishamushti Vati	SBMM	250 gm/ 500 gm/ 1 kg	Nadi Shula	125-250 mg. twice a day with milk or ghee	Hypertension, Tachycardia, long term use	both
(M) Varti, Netrabindu, Anjana							
136	Chandrodaya Varti	AFI	5gm/10gm	Timira, Naktandhya Arbuda, Pothaki, Shukra, Adhimansa, Sikta Vartam	Rub and mix with honey or Gulab Jala and apply to inner side of eyelids twice daily	NS	both
(N) SATTVA							
137	Guduchi Sattva	AFI	5gm/10gm	Jwara, Vatarakta, Kamala, Prameha	500 mg.- 1 gm twice or thrice a day with water or honey	NS	both

(O) Parpati							
138	Panchamrita Parpati	AFI	50gm/100gm	Grahani, Atisara, Agnimandya, Kshaya	125-250 mg. twice a day with Trikatu Churna & Ghrita or Bhrista Jeerak and Takra or warm water, usually administered increasing and decreasing dose pattern called as Parpati Kalp	Periconceptional period, pregnancy, lactation period, kidney disease, small children	both
139	Shveta Parpati/Kshara Parpati	AFI	50gm/100gm	Ashmari, Mutrakriccha, Mutraghata	500 mg- 1 gm. In two or three doses with Narikel Jala or Mishri Yukt Jala	NS	both
(P) Pishti Kalpana							
140	Akika Pishti	AFI	50gm/100gm	Hrididaha, Hridroga, Kshaya, Shiroroga, Kasa	125-250 mg. twice a day with milk or water or Ark Gulab	NS	both
141	Pravala Pishti	AFI	50gm/100gm	Kasa, Pittaroga, Manodaurbalya, Oiakashva, Hridroga	250 mg. twice a day with honey, butter or ghee or milk	NS	both
(Q) Bhasma							
142	Abhakra Bhasma (Shatputi)	AFI	50gm/100gm	Kapharoga, Kasa, Shwasa, Raktapitta, Prameha Dhatukshaya, Rasayana,	125-250 mg. twice a day with honey or ghee or Triphala Kwatha or Guduchi Svarasa or Ardraka Svarasa	NS	both
143	Godanti Bhasma	AFI	200 gm	Shirah Shula, Pitta Jvara, Jimajvara, Daha	500 mg.- 1 gm twice or thrice a day with ghee, sugar, warm milk or water	NS	both
144	Hajarulyahuda Bhasma	AFI	200 gm	Ashmari Mutrakrichha	500 mg- 1gm. In divided doses with Trinapanchamool or Pashanbhedadi Kwath or water	NS	both
145	Jaharamohara Bhasma	AFI	200 gm	Hridroga, Raktapitta, Arsha, Raktaj Pravahika	250-500 mg. twice a day with Dadim Swarsa, Takra or water	NS	both
146	Kapardika Bhasma	AFI	200 gm	Parinamshula, Agnimandya, Karnasrava	250 mg. twice a day with Vasa Svarasa or Nimbu Svarasa or Udumbara Rasa	Not to be used on change of physical characteristics	both
147	Muktashukti Bhasma	AFI	200 gm	Udarashula, Jwara, Pitta jwara, Raktajwara	250-500 mg. twice a day with lemon juice or water with or after meals	NS	both
148	Shankha Bhasma	AFI	1/2 kg	Agnimandya, Amlapitta, Vidagdhajirna Parinamashula	250 mg. twice a day with Nimbu Svarasa or Triphala Kwatha or milk	NS	both
149	Sphatika Bhasma	AFI	1/2 kg	Jwara, Kaphaj Vrana, Shvitra, Visarpa, Raktasrav, Yonibhransh	125-250 mg. twice or thrice daily with honey or warm water	NS	both
150	Tankana Bhasma/Saubhagya Bhasma	AFI	1/2 kg	Kasa, Shwasa	125 to 250 mg	NS	both
151	Svarnamaksika Bhasma	AFI	1/2 kg	Pandu, Jimajwara, Rajayakshma, Dhatukshaya	125-250 mg. twice a day with honey or milk	NS	both
(R) Mandura							
152	Punarnavadi Mandura	AFI	1/2 kg	Pandu, Shotha, Pliharoga	250-500 mg twice a day after meals with takra or Amla Ras or water	NS	both
(S) Rasayga							
153	Agnitundi Vati	AFI	500 gm	Agnimandya, Amajwara, Amaja Shool	125-250 mg twice a day before meals with lime juice or warm water	long term use, periconceptional period, pregnancy, lactation period, old and paediatric age group Karshaya, Kidney disease	both

154	Arogyavardhini Vati/Rasa	AFI	1/2 kg	Kushtha, Medoroga, Jwara	250-500 mg. twice a day after meals with honey or warm water or Adrak Swaras	Old age, paediatric age group, periconceptional period, pregnancy, lactation period, kidney disease, Karshaya	both
155	Arsho Kuthara Rasa	BR	1/2 kg	Arsha	250 mg. once or twice a day with Takra or warm water	NS	both
156	Brahmi Vati	AFI	1/2 kg	Bhrama, Manoroga, Aptantrak, Akshepa, Hridayabalya	125-250 mg. twice a day with Tagaradi Kwath or Mansyadi Kwath or Dashmula Kwath or Draksadi Churna	NS	both
157	Chandramrita Rasa	AFI	100gm/200 gm	Kasa, Shwasa, Jwara, Raktakasa	250mg. Twice a day with honey or Tambula Swaras or Vasa Swaras or Adrak Rasa	NS	both
158	Ekgaveer Rasa	BR	50gm/ 100gm	Pakshaghata	125-250 mg. twice a day with water after meals	Hypertension	both
159	Gandhak Rasayana	YR	1/2 kg	Kushta, Raktadushti, Prameha	250-500 mg. twice a day with milk or water	Hypersensitivity, loose motions	both
160	Kamdhudha Rasa	RYS	50gm/ 100gm	Amlapitta, Raktapitta, Daha, Jirnajwara, Pradara	125-250mg. Twice or thrice a day with amalaki Churna or Sharkara or milk	NS	both
161	Kaphaketu Rasa	AFI	50gm/ 100gm	Pinasa, Kasa, Shwasa, Urdhvajatrugata Roga	125 mg. twice a day with Ardraka Svarasa or warm water	Long term use, kidney disease, bradycardia, arrhythmia, hypotension, pregnancy, lactation period	IPD
162	Krimikuthar Rasa	AFI	1/2 kg	Krimiroma	125-375 mg with warm water or madhu	Long term use, kidney disease, periconceptional period, pregnancy and pediatric age group	both
163	Laghu Sutashekhara Rasa	AFI	50gm/100gm	Pittaj Sirahshula, Ardhabhedak, Suryavarta, Daha, Urdhwagraktapitta	250-500 mg. twice a day with Sitayukta dugdha	Long term use, pregnancy lactation period, paediatric age group	both
164	Rasamanikya	BP	50gm/ 100gm	Kushtha, Vicharchika, Visphota, Mandala, Visarpa, Vrana, Vatarakta	125-250 mg. in divided doses with	Paediatric age group, periconceptional period, pregnancy, lactating mothers, kidney disease, debilitated patients	IPD
165	Shankha Vati	AFI	1/2 kg	Grahani, atisara, Amajirna, Visuchika, Shula	250-500 mg in divided doses with takra or water	Kidney disease, bradycardia, arhythmia, hypotension, long term use, periconceptional period, pregnancy, lactating mothers and debilitated patients	both
166	Shirahshuladi vajra rasa	AFI	100 gm	Shirahshula, Shiroroga	250-500 mg. in single or divided dose with honey, warm water or goat milk. With Chaga Dugdha/Madhu/Jala	Kidney disease, bradycardia, arhythmia, hypotension, long term use, periconceptional period, pregnancy, lactating mothers and debilitated patients	both

167	Shuddha Gairika/Gairik Bhasma	API	50 gm	Raktapitta, Vishavikara, Raktapradara, Kandu, Daha	250-500 mg. twice or thrice a day with milk	NS	both
168	Shwasakuthara Rasa	AFI	1/2 kg	Kasa, Shwasa, Vatakaphaja Roga	125-250 mg. with honey or warm water twice a day after meals	Kidney disease, bradycardia, arrhythmia, hypotension, long term use, periconceptional period, pregnancy, lactating mothers and debilitated patients	IPD
169	Smritisagar Rasa	AFI	100gm/200 gm	Apasmar, Smriti Daurbalya	125-250 mg. with ghee and warm milk, once or twice a day	NS	both
170	Tribhuvankirti Rasa	AFI	100gm/250 gm	Jwaram Pratishtaya, Kasa	125-250 mg. twice a day with honey or Adrak Rasa or Tulsi Rasa or warm water	Bradycardia, arrhythmias, small children, Vrikka Roga, long term administration, periconceptional period, pregnancy, debilitated patients	both
171	Vatagajankusha Rasa	BR	100gm/250 gm	Vata Roga, Avabahuka, Urustambha, Pakshaghata, Gridharasi	250 mg. once or twice a daily with anupana like Pipali Churna, Manjishtha Kwatha or Haritaki Kwatha	Long term use, Vrikka Roga, Periconceptional period, pregnancy, lactation and debilitated patients	IPD
172	Vatavidhavansan Rasa	AFI	100 gm	Vatajashula, Sutika Vata, Grahaniroga	250 mg. with honey or warm water, once or twice a day	NS	IPD
(T) Lauha							
173	Pradarantaka Lauha	AFI	100 gm	Pradara, Pandu	250 mg. twice a day with honey or ghee or warm milk	NS	both
174	Saptamrita Lauha	AFI	100 gm	Timir, Drishtimandya	250 mg. twice a day with honey, ghee and milk	NS	both