

## ANNEXURE-1

### Essential Drugs List-Unani Medicine

Abbreviations: NFUM- National Formulary of Unani Medicine; UPI-Unani Pharmacopoeia of India;

gm-Gram; ml.- Millilitre; NS- Noting Specific; q.s.- Quantity Sufficient;

BK-II-Biaz Kabir, Vol.II; OPD-Out Patient Department; IPD- In Patient Department

Sr. No.	Name of Medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No.					
1	Arq-e-Ajeeb	NFUM-1	211	05 ml	Nafkh-e Shikam, Ghasiyan, Qai, Waj-ul-Meds, Ishal, Haiza, Qulanj, Nazla, Zukam, Laza-e-Hashrat, Shaquqa, Suda	2 to 5 drops	NS	Both
2	Arq-e-Ajwayin	NFUM-1	211	200 ml	Zof-e-Hazm, Nafkh-e-Dimaah	30-60 ml	NS	Both
3	Arq-e-Gaozaban	NFUM-1	215	200 ml	Zof-e-Aza-e-Raeesa, Khafkhan	60 to 120 ml	NS	Both
4	Arq-e-Gulab	NFUM-1	215	50 ml	Muqawwi-e-Qalb, Mohallil-e-Warm	60 to 120 ml	NS	Both
5	Arq-e-Kasni	NFUM-1	217	200 ml	Warm-e-Kabid, Yarqan	60 to 120 ml	NS	Both
6	Arq-e-Mako	NFUM-1	218	200 ml	Zof-e-Kabid, Warm-e-Ahsha	60 to 120 ml	NS	Both
<b>(B) Huboob</b>								
7	Habb-e-Azaraq	NFUM-1	11	30 pills	Falij, Laqwa, Khadar	250-500 mg	Hypertension	Both
8	Habb-e-Bawaseer Amya	NFUM-1	11	30 pills	Bawaseer-e-Amya, Qabz	250-500 mg	NS	Both
9	Habb-e-Bukhar	NFUM-1	13	30 pills	Humma-e-Hadda	250-500 mg	NS	Both
10	Habb-e-Dabba-e-Atfal	NFUM-1	13	30 pills	Dabba Atfal, Qabz	125-250 mg	NS	Both
11	Habb-e-Hindi Zeeqi	NFUM-1	18	30 pills	Zeeq-un-Nafas	125-250 mg	Preg-nant	Both
12	Habb-e-Jadwa	NFUM-1	19	30 pills	Zof-e-Asab, Zof-e-Bah	250-500 mg	NS	Both
13	Habb-e-Jawahir	NFUM-1	20	30 pills	Zof-e-Aza-e-Raeesa, Zof-e-Asab	125-250 mg	NS	Both
14	Habb-e-Jiryani	NFUM-111	21	30 pills	jiryani, Kasrat-e-Ihtelam	250-500 mg	NS	Both
15	Habb-e-Jund	NFUM-1	21	30 pills	Umm-us-Sibyan, Sara, Falij	125-250 mg	NS	Both
16	Habb-e-Kabid Naushadri	NFUM-1	21	30 pills	Zof-e-Hazm, Waram-e-Kabid	500mg-1 gm	Hypertension	Both
17	Habb-e-Mubarak	NFUM-1	24	30 pills	Humma-e-Ajamiya	1-2 gm	NS	Both
18	Habb-e-Mudir	NFUM-1	24	30 pills	Ehtebas-e-Tams	2-4 gm	NS	Both
19	Habb-e-Muqil	NFUM-1	26	30 pills	Bawaseer Amya, Qabz, Waj-ul-Mafasil	500 mg -1 gm	NS	Both
20	Habb-e-Mussafi-e-Khoon	NFUM-111	32	30 pills	Fasad-ud-Dam	250-500 mg	NS	Both
21	Habb-e-Pechish	NFUM-1	30	30 pills	Zaheer, Nazf-ud-Dam, Ishal	125-250 mg	NS	Both
22	Habb-e-Raal	NFUM-1	30	30 pills	Ishal, Qurooh-e-Meda, Qurooh-e-Ishna Ashri	500 mg-1gm	NS	Both
23	Habb-e-Rasaut	NFUM-1	31	30 pills	Bawaseer-e-Damiya, Zaheer-e-Muzmin	3-5 gm	NS	Both
24	Habb-e-Shaheeqa	NFUM-1	32	30 pills	Shaheeqa, Sual-e-Yabis	125-500 mg	NS	Both
25	Habb-e-Shifa	NFUM-1	31	30 pills	Humma, Tashanuj-e-Rewi, Zeeq-im-Nafas Nisa, Niqras,	250-500 mg	Preg-nant and small children	Both
26	Habb-e-Suranjan	NFUM-1	33	30 pills	Irq-un-nisa, Waj-ul-Mafasil, Warm-e-Mafasil	1-3 gm	NS	Both
27	Habb-e-Surfa	NFUM-1	34	30 pills	Musakkin-e-Sual	125-250 mg	NS	Both
28	Habb-e-Tankar	NFUM-1	35	30 pills	Qabz-e-Muzmin, Nafkh-e-Shikam	500-750 mg	NS	Both
29	Habb-e-Tursh Mushtahi	NFUM-1	36	30 pills	Zof-e-Hazm, Zof-e-Ishtaha, Nafkh-e-Shikam	500 mg - 1 gm	Hypertension	Both

30	Habb-e-Zahar Mohra	NFUM-1	36	30 pills	Ishal-e-Atfal, Atash-e-Mufrit	250-500 mg	NS	Both
<b>(C) Aqras</b>								
31	Qurs-e-Deedan	NFUM-1	37	30 pills	Deedan-e-Ama	250-500 mg	NS	Both
32	Qurs-e-Ghafis	NFUM-1	38	30 pills	Warm-e-Mirara, Warm-e-Kabid, Warm-e-Tehal	5-10 gm	NS	Both
33	Qurs-e-Gulnar	NFUM-1	38	30 pills	Ishal-e-Muzmin, Ishal-e-Damvi, Nazf-ud-Dam	5-10 gm	NS	Both
34	Qurs-e-Kafoor	NFUM-1	39	30 tabs	Humma-e-Haadda, Humma-e-Diq	5-10 gm	NS	Both
35	Qurs-e-Malti Basant	NFUM-1	26	30 pills	Ishal, Zof-e-Meda	100-150 mg	NS	Both
36	Qurs-e-Mulaiyin	NFUM-1	41	30 tabs	Qabz, Qulanj Suddi, Suda-e-Muzmin	1-2 gm	NS	Both
37	Qurs-e-Zarishk	NFUM-1	46	30 tabs	Zof-e-Kabid, Su-ul-Qinya	5-10 gm	NS	Both
38	Qurs-e-Ziabetus Khas	NFUM-1	46	30 tabs	Ziabetus Sadiq	1-2 gm	NS	Both
<b>(D) Khustajat</b>								
39	Kushta-e-Baiza- e-Murgh	NFUM-1	69	10 gms	Jiryana, Surat-e-Inzal, Sailan-u-Rahem, Kasrat-e-Baul	125-500 mg	NS	Both
40	Kushta-e-Faulad	NFUM-1	70	10 gms	Su-ul-qinya, Zof-e-Kabid	15-30 mg	NS	Both
41	Kushta-e- Gaodanti	NFUM-1	70	10 gms	Hummiyat, Falij, Laqwa, Waj-ul-Mafasil, Niqras	60-120 mg	NS	Both
42	Kushta-e-Marjan Sada	NFUM-1	72	10 gms	Zof-e-Qalb, Nazla Muzmin	125-250 mg	NS	Both
43	Kushta-e- Shankh	NFUM-1	77	10 gms	Sil, Diq	500 mg - 1 gm	NS	Both
44	Kushta-e-Sadaf	NFUM-1	75	10 gms	Sailan-ir-Rahem, Jiryana, Nazf-ud-Dam, Zof-e-Qalb	300-400 mg	NS	Both
<b>(E) Itrifalat</b>								
45	Itrifal-e- Aftimoon	NFUM-1	92	100 gms	Deedan-e-Ama	10-15 gms	NS	Both
46	Itrifal-e- Kishneezi	NFUM-1	94	100 gms	Nazla Muzmin, Nafkh-e-Shikam, Suda-e-Reehi	10-30 gms	NS	Both
47	Itrifal-e-Shahtra	NFUM-1	96	100 gms	Fasad-ud-Dam, Suda, Kharish	5-10 gms	NS	Both
48	Itrifal-e- Ustkhuddoos	NFUM-1	96	100 gms	Nazla Muzmin, Suda, Sara	5-10 gms	NS	Both
49	Itrifal-e-Zamani	NFUM-1	97	100 gms	Qabz, Qulanj, Suda, Nazla	5-10 gms	NS	Both
<b>(F) Jawarishat</b>								
50	Jawarish-e-Amla Sada	NFUM-1	97	100 gms	Zof-e-Meda, Zof-e-Kabid, Nafkh-e-Shikam, Ishal-e-Safrawi, Khafkhan	5-10 gms	NS	Both
51	Jawarish-e- Anarain	NFUM-1	98	100 gms	Zof-e-Meda, Zof-e-Kabid, Ghasiyan, Ishal-e-Safrawi,	5-10 gms	NS	Both
52	Jawarish-e- Bisbasa	NFUM-1	98	100 gms	Zof-e-Meda, Zof-e-Hazm, Bawaseer Amya, Nafkh-e-Shikam	5-10 gms	NS	Both
53	Jawarish-e- Jalinoos	NFUM-1	100	100 gms	Zof-e-Aza-e-Raeesa, Zof-e-Meda, Nafkh-e-Shikam	5-15 gms	NS	Both
54	Jawarish-e- Kamooni	NFUM-1	100	100 gms	Humuzat-e-Meda, Qabz, Nafkh-e-Shikam	10-15 gms	NS	Both
55	Jawarish-e- Mastagi	NFUM-1	101	100 gms	Zof-e-Meda, Sailan-e-Loab-e-Dahan, Ishal	5-10 gms	NS	Both
56	Jawarish-e- Pudina	NFUM-1	103	100 gms	Zof-e-Hazm, Zof-e-Ishteha, Ishal	5-10 gms	NS	Both
57	Jawarish-e- Shahi	NFUM-1	104	100 gms	Nafkh-e-Shikam, Khafqan, Waswas	5-10 gms	NS	Both
58	Jawarish-e- Zanjabeel	NFUM-1	106	100 gms	Nafkh-e-Shikam, Zof-e-Ishteha, Ishal	5-10 gms	NS	Both
59	Jawarish-e- Zzarooni Sada	NFUM-1	106	100 gms	Zof-e-Kulya, Hasat-e-Kulya o Masana	5-10 gms	NS	Both

<b>(G) Khamirajat</b>								
60	Khamira Abresham Hakim Arshad wala	NFUM-1	109	60 gms	Khafqan, Zof-e-Qalb	5-10 gms	NS	Both
61	Khamira Gaozaban Sada	NFUM-1	110	60 gms	Zof-e-Dimagh, Zof-e- Qalb, Malikhuliya	5-10 gms	NS	Both
62	Khamira Marwareed	NFUM-1	111	60 gms	Zof-e-Qalb, Zof-e- Asab, Khafqan, Atash-e- Mufrit	3-5 gms	NS	Both
<b>(H) Laooqat and Luboob</b>								
63	Laooq-e- Khiyarshambar	NFUM-1	115	100 gms	Nazla, Zukam, Sual, Qabz	10-20 gms	NS	Both
64	Laooq-e- Sapistan	NFUM-1	116	100 gms	Anaf-ul-Anza, Sual-e- Muzmin, Nazla, Zukam	10-20 gms	NS	Both
<b>(I) Marham (Qairooti and Zimad)</b>								
65	Marham Gulabi	NFUM-1	163	50 gms	Qurooh, Busoor, Haraq, Salq	q.s / for external	NS	Both
66	Marham -e- Kafoori	NFUM-1	164	50 gms	Shiqaq-ul-Meqad, Hikka, Jarb	q.s / for external	NS	Both
67	Marham-e-Quba	NFUM-1	165	50 gms	Quba, Khushunat-e-Jild	q.s / for external	NS	Both
66	Zimad-e-Tehal	NFUM-1	170	50 gms	Warm, Waj-ul-Mafasil	q.s / for external	NS	Both
<b>(J) Majoonat</b>								
67	Majoon-e-Arad Khurma	NFUM-1	120	100 gms	Jiryān, Riqqat-e-Mani, Zof-e-Bah, Qillat-e- Mani	10-15 gms	NS	Both
68	Majoon-e- Azaraqi	NFUM-1	122	100 gms	Falij, Laqwa, Waj-ul- Mafasil, Zof-e-Asab	5-10 gms	NS	Both
69	Majoon-e- Chobchini	NFUM-1	123	100 gms	Waj-ul-Mafasil, Falij, Hikka, Jarb	5-10 gms	NS	Both
70	Majoon-e- Dabeed-ul-ward	NFUM-1	124	100 gms	Zof-e-Kabid, Warm-e- Kabid, Faqr-ud-Dam	5-10 gms	NS	Both
71	Majoon-e- Flasifa	NFUM-1	125	100 gms	Waj-ul-Mafasil, Zof-e- Bah, Salas-ul-Baul	5-10 gms	NS	Both
72	Majoon-e-Hajr- ul-Yahood	NFUM-1	127	100 gms	Hasat-e-Kulya, Hasat-e- Masana	5-10 gms	NS	Both
73	Majoon-e- Ispand Sokhtani	NFUM-1	128	100 gms	Waj-ul-Asab, Surat-e- Inzal	5-10 gms	NS	Both
74	Majoon-e-Jograj Guggal	NFUM-1	129	100 gms	Falij, Laqwa, Rasha, Warm-e-Mafasil	5-10 gms	NS	Both
75	Majoon-e- Kundur	NFUM-1	133	100 gms	Zof-e-Masana, Taqteer- ul-Baul, Salas-ul-Baul, Baul Filfrash	5-10 gms	NS	Both
76	Majoon-e-Masik- ul-Baul	NFUM-1	134	100 gms	Salas-ul-Baul, Baul Filfrash, Sailan-e-Mani	5-10 gms	NS	Both
77	Majoon-e- Muqawwi-e- Rahem	NFUM-1	137	100 gms	Sailan-ur-Rahem, Isterkha-e-Rahem, Kasrat-e-Tams	5-10 gms	NS	Both
78	Majoon-e-Najah	NFUM-1	138	100 gms	Malkhuliya, Ikhtinaq-ur- Rahem, Qulanj	5-10 gms	NS	Both
79	Majoon-e- Nankwah	NFUM-1	138	100 gms	Zof-e-Ishteha, Nafkh-e- Shikam	5-10 gms	NS	Both
80	Majoon-e-Piyaz	NFUM-1	139	100 gms	Zof-e-Bah, Jiryān, Surat- e-Inzal	5-10 gms	NS	Both
81	Majoon-e-Rahul Momeneen	NFUM-1	140	100 gms	Zeeq-un-Nafas	5-10 gms	NS	Both
82	Majoon-e-Suhag Sonth	NFUM-1	142	100 gms	Waj-ul-Rahem, Zof-e- Rahem, Sailan-ur- Rahem	5-10 gms	NS	Both
83	Majoon-e-Supari Pak	NFUM-1	143	100 gms	Sailan-ur-Rahem, Uqr	10-15 gms	NS	Both
84	Majoon-e- Suranjan	NFUM-1	144	100 gms	Waj-ul-Mafasil, Niqras, Warm-e-Mafasil	5-10 gms	NS	Both
85	Majoon-e-Ushba	NFUM-1	145	100 gms	Waj-ul-Mafasil, Jarb, Hikka	5-10 gms	NS	Both
86	Majoon-e- Zabeeb	NFUM-1	146	100 gms	Sara	5-10 gms	NS	Both

<b>(K) Muffarreh</b>								
87	Muffarreh Azam	NFUM-111	92	100 gms	Zof-e-Qalb, Khafqan	3-5 gms	NS	Both
88	Muffarreh Yaqooti Motadil	NFUM-1	152	100 gms	Zof-e-Aza-e-Raeesa, Naqahat, Khafqan, Zof- e-Ishtheha	5-10 gms	NS	Both
<b>(L) Murabbajat and Gulqand</b>								
89	Murabba-e- Belgiri	NFUM-1	179	100 gms	Zaheer, Ishal	20-30 gms	NS	Both
90	Gulqand-e- Gulab	NFUM-1	181	100 gms	Qabz, Zof-e-Meda, Zof- e-Dimagh, Zof-e-Kabid	10-30 gms	NS	Both
<b>(M) Raughaniyat</b>								
91	Raughan-e- Aamla	NFUM-1	189	50 ml	Intesar-e-Shar	q.s / for external use	NS	Both
92	Raughan-e- Babuna Sada	NFUM-1	190	50 ml	Zat-ur-Riya, Zat-ur- Sadar, Waj-ul-Uzn	q.s / for external use	NS	Both
93	Raughan-e- Baiza-e-Murgh	NFUM-1	191	50 ml	Da-us-Salab	q.s / for external use	NS	Both
94	Raughan-e- Laboob Sada	NFUM-1	196	50 ml	Sahar	q.s / for external use	NS	Both
95	Raughan-e- Qaranfal	NFUM-1	198	05ml	Waj-ul-Asnan, Qulanj	q.s / for external use	NS	Both
96	Raughan-e- Surkh	NFUM-1	200	50 ml	Waj-ul-Mafasil, Irq-un- Nisa, Niqras	q.s / for external use	NS	Both
97	Raughan-e-Turb	NFUM-1	201	05 ml	Waj-ul-Uzn	q.s / for external use	NS	Both
98	Raughan-e- Zaitoon	NFUM-1	201	50 ml	Irq-un-Nisa, Waj-ul- Mafasil, Qurooh	q.s / for external use	NS	Both
<b>(N) Sufoof</b>								
99	Sufoof-e-Bars	NFUM-1	233	50 gms	Bars	10-20 gms	NS	Both
100	Safoof-e-Chutki	NFUM-1	234	50 gms	Su-e-Hazm, Ishal	250-500 mg	NS	Both
101	Safoof-e-Namak- e-Shaikur Raees	NFUM-1	232	50 gms	Zof-e-Hazm, Nafkh-e- Shikam, Ghasiyan	3-5 gms	Hypertension	Both
102	Sufoof-e-Sailan	NFUM-1	242	50 gms	Sailan-ur-Rahem	3-6 gms	NS	Both
<b>(O) Sharbat</b>								
103	Sharbat-e- Anjbar	NFUM-1	221	200 ml	Nafs-ud-Dam, Nazf-ud- Dam, Kasrat-e-Tams	25-50 ml	NS	Both
104	Sharbat-e- Buzoori Motadil	NFUM-1	222	200 ml	Ehtebas-e-Baul, Humma-e-Murakkab	25-50 ml	NS	Both
105	Sharbat-e- Deenar	NFUM-1	222	200 ml	Warm-e-Kabid, Yarqan- e-Suddi	20-40 ml	NS	Both
106	Sharbat-e- Faulad	NFUM-VI	124	200 ml	Faqr-ud-Dam	10-20 ml	NS	Both
107	Sharbat-e- Khaksi	NFUM-V	140	200 ml	Humma, Moti Jhara,	25-50 ml	NS	Both
108	Sharbat-e-Sadar	NFUM-1	224	200 ml	Bohat-us-Saut, Warm-e- Lauzatain, Nazla, Sual	20-40 ml	NS	Both
109	Sharbat-e-Toot	NFUM-1	224	200 ml	Bohat-us-Saut Haad, Warm-e-Lauzatain, Warm-e-Hanjara, Sual	20-40-ml	NS	Both
110	Sharbat-e-Unnab	NFUM-1	224	200 ml	Sual	20-60 ml	NS	Both
111	Sharbat-e-Zoofa Murrakkab	BK-II	84	200 ml	Sual, Zeequnnafas	20-60 ml	NS	Both
<b>(P) Miscellaneous</b>								
112	Anoshdaru Sada	NFUM-1	86	100 gms	Yarqan Suddi, Ishal, Zaheer, Zof-e-Umumi	5-10 gms	NS	Both
113	Banadiq-ul- Bazoor	NFUM-1	9	30 pills	Hirqat-ul-Baul, Qurooh- e-Kulya, Qurooh-e- Masana	5-10 gms	NS	Both
114	Dawa-ul-Misk Motadil Sada	NFUM-1	90	100 gms	Zof-e-Aza-e-Raeesa, Khafqan	5-10 gms	NS	Both
115	Halwa-e- Muqawwi-e- Basar	NFUM-11	113	100 gms	Zof-e-Basarat, Nazla, Zukam Muzmin	20-30 gms	NS	Both
116	Jawahir Mohra	NFUM-1	231	5 gms	Zof-e-Aza-e-Raeesa, Zof-e-Umumi, Sara	60-120 mg	NS	Both

117	Kohal-ul-Jawahir	NFUM-I	60	5/10 gms	Zof-e-Basarat	q.s Ophthalmic use	NS	Both
118	Malerian	NFUM-VI	122	50 ml	Humma-e-Ajamiya, Zof-e-Tihal, Izm-e-Tihal, Humma-e-Ruba	3-6 ml	Pregnancy	Both
119	Qutor-e-Ramad Qawi	NFUM-I	219	5 ml	Ramad	For Ophthalmic use	NS	Both
120	Sunoon-e-Mukhrij-e-Rutubat	NFUM-I	249	50 gms	Lissa-e-Damiya	Quantity	NS	Both
121	Tiryaq-e-Arba	NFUM-I	154	100 gms	Tasammum, Tashannuj, Qulanj.	3-5 gms	NS	Both
122	Tiryaq-e-Nazla	NFUM-I	154	10 gms	Nazla, Zukam, Sual, Suda	5-10 gms	NS	Both
123	Zuroor-e-Qula	NFUM-I	252	10 gms	Qula	Quantity Sufficient	NS	Both
<b>(Q) Single Drugs</b>								
124	Aamla	UPI-Part-I, Vol.1	5	50 gms	Zof-e-Dimagh, Nisyan, Suda, Qarha-e-Meda, Humuzat-e-Meda, Ishal	5-10 gms	NS	Both
125	Aaqarqarha	UPI-Part-I, Vol.11	1	25 GMS	Waj-ul-Asnan, Falij, Surfa, Bohat-us-Saut, Zof-e-Bah	2-3 gms	NS	Both
126	Abresham	UPI-Part-I, Vol.VI	3	25 gms	Khafqan, Zof-e-Qalb, Sual, Zeeq-un-Nafas, Nazla	3-5 gms	NS	Both
127	Ajwain	UPI-Part-I, Vol.VI	7	25 gms	Nafkh-e-Shikam, Wajul-Meda, Zof-e-Ishteha, Qulanj, Shaheeqa, Ishal, Ikhtenaq-ur-Rahem Haiza	3-5 gms	NS	Both
128	Arjun	UPI-Part-I, Vol. IV	13	25 gms	Zof-e-Qalb, Khafaqan, Warm-e-Qalb, Fasad-e-Dam, Ishal, Sangrahni, Hummiyat-e-Muzmina	3-5 gms	NS	Both
129	Aspaghool	UPI-Part-I, Vol.II	13	50 gms	Zaheer, Qabz, Sual-e-Yabis	5-10 gms	NS	Both
130	Badiyan	UPI-Part-I, Vol.I	15	50 gms	Waj-ul-Meda, Nafkh-e-Shikam, Zof-e-Meda, Ethebas-e-Baul, Ethebas-e-Tams, Zof-e-Basarat.	5-10 gms	NS	Both
131	Darchini	UPI-Part-I, Vol.I	26	10 gms	Bakhr-ul-Fam, Bahaq, Zof-e-Bah, Zeequn Nafas, Ethebas e Baul	1-2 gms	NS	Both
132	Gilo	UPI-Part-I, Vol.I	30	50 gms	Humma, Ishal, Zaheer, Deedan-e-Ama	5-10 gms	NS	Both
133	Kalonji	UPI-Part-I, Vol. I	42	25 gms	Bahaq, Bars, Quba, Shaqeeqa, Zeequn Nafas, Zof-e-Meda, Nafkh-e-Shikam, Qulanj, Yarqan, Waj-ul-Mafasil, Waja-ul-Qutn. Falij, Laqwa.	1-2 gms	NS	Both
134	Satawar	UPI-Part-I, Vol.VI	74	50 gms	Is-hal, Jiryan, Kasrat-e-Ehtelam, Sailan-ur-Rahem, Surat-e-Inzal, Zaheer	5-10 gms	NS	Both
135	Zeera Siyah	UPI-Part-I, Vol. I	92	25 gms	Zof-e-Meda, Nafkh-e-Shikam, Su-e-Hazm	3 to 5 g	NS	Both